

## **CURRICULUM VITAE**

**CHRISTOPHER D. TOWMBLY, M.D.**  
**Board Certified: Physical Medicine and Rehabilitation**  
**Electrodiagnostic Medicine**

### **EDUCATION:**

07/01/98-06/30/2001      Resident, Physical Medicine and Rehabilitation  
University of Colorado Health Sciences Center  
Denver, CO

06/01/97-06/30/98      Intern, Internal Medicine  
University of Utah  
Salt Lake City, Utah

08/15/93-05/30/97      Medical School  
University of Vermont College of Medicine  
Burlington, VT

09/01/86-06/01/93      Undergraduate, Physical Education/Athletic Training  
San Diego State University  
San Diego, CA

### **PRESENTATIONS:**

Nevada Board of Independent Insurers: “Low Back Pain” “Carpal Tunnel Syndrome”

Resident Seminars: “Sarcopenia: The Loss of Muscle Mass with Aging,” and  
“Peripheral Nerve Injury and Repair”

Resident Lectures: “Nurogenic Bowel and Baldder,” “Skin/wound Mangement,”  
“H-Reflex and F-Waves,” “Somatosensory Evoked Potentials”

UNR Family Practice Residency Guest Lecture: “Basics of EMG/Nerve Conduction  
Studies”

### **RESEARCH:**

Date in 2001      “The use of Haldol in Acute Traumatic Brain Injury,”  
Department of Physical Medicine and Rehabilitation  
University of Colorado Health Science Center

**RESEARCH** (continued):

Date in 1994                      “Quantitative Measurement of Glenohumeral Joint Laxity  
using 3 dimensional computer Analysis”  
Department of Orthopedics and Rehabilitation  
University of Vermont College of Medicine

Date in 1991                      “The Effects of Experimental Antihypertensive Agents in  
Miniature Swine”  
American Heart Association Student Project  
University of California at San Diego

**MEDICAL PRACTICE**

Sierra Regional Spine Institute  
6630 S McCarran Blvd # A 4  
Reno, NV 89509  
July 1, 2001 to present

**APPOINTMENTS:**

Volunteer Clinical Faculty, Assistant Clinical Professor  
Family Practice Residency Program  
University of Nevada Reno  
2003 to present

**MEMBERSHIPS**

July 1 2002-2012                      American Board of Physical Medicine and Rehabilitation

July 1, 2002-present                      American Academy of Physical Medicine and  
Rehabilitation

July 2006                                      Certified Independent Medical Examiner

**HOSPITAL AFFILIATIONS:**

Concentra Medical Center  
255 Glendale Avenue  
Sparks, NV 89431

Renown Medical Center  
77 Pringle Way  
Reno, NV 89503

St. Mary's Medical Center  
235 W 6<sup>th</sup> Street  
Reno, NV 89503

Northern Nevada Medical Center  
2375 E Prater Way  
Sparks, NV 89431

**MEDICAL LICENSE NUMBER**

NV 9733